

HIGH SCHOOL GOLF CLINIC: THE MENTAL GAME

SUNDAY, SEPTEMBER 1st

3:00-4:00 p.m.

Copley Country Club, Morrisville

The clinic will be touching on three strategies of the mental game: the pre-shot routine, course management, and practice drills that instill confidence.

The clinic will be given by Holly Reynolds, who has worked with Dr. David Cook, a sports psychologist who has taught Division I college athletes, PGA tour pros, and NBA teams. Holly is a Vermont golfer who has won four High School state titles, played golf for the University of Kansas, and at the age of 18, found herself playing in the U.S. Women's Open.

Come out for an afternoon and unlock your potential!!

There is no charge for Juniors. All high school players are welcome and registration is not necessary, just show up!

